#### **SUNDAY / DOMINGO**

- **NOON 1.5HR In the Heart of It All**, West Side Club Club, 3359 Delphos Avenue, Dayton, OH, 45417 **(O,D,WC)**
- **NOON 1.5HR Why Are We Here Group of NA**, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 **(O,To,WC)**
- 3:00PM 1.5HR We Sought Help, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 (O,WC)
- **5:30PM 1.5HR Experience Strength & Hope**, West Side Club Club, 3359 Delphos Avenuue, Dayton, OH, 45417 **(O,SD,WC)**
- 5:30PM 1.5HR New Beginnings, A Hope Station, 2206 E 3rd St, Dayton, OH, 45403 (D,WC,ENG\*)
- **7:00PM 1.5HR Serenity Off Salem**, New Hope Community, 305 Edgewood Ave, Dayton, OH, 45402 **(O,D,St,Tr,WC)**

#### **MONDAY / LUNES**

- 10:00AM 1.5HR MON & WED It Works How & Why, Dayton Fellowship Club, 1124 Germantown St, Dayton, OH, 45417 (O,IW,WC,BK,NS\*,ENG\*)
- 10:00AM 1.5HR Morning Miracles, ZOOM, (SD,VM) Zoom ID: 937 881 664 Password: miracles
- 1:30PM 1.5HR The Struggle is Real, A Hope Station, 2206 E 3rd St, Dayton, OH, 45403 (D,WC,ENG\*)
- 5:30PM 1.5HR It Works How & Why: Steps & Traditions, Dayton Fellowship Club, 1124 Germantown St, Dayton, OH, 45417 (C,St,Tr,WC)
- **7:00PM 1.5HR Monday Miracles**, First Lutheran Church, 138 W 1st St, Dayton, OH, 45402 **(O,So,WC)**

#### **TUESDAY / MARTES**

- 10:00AM 1.5HR Morning Miracles, ZOOM, (SD,VM) Zoom ID: 937 881 664 Password: miracles
- 10:00AM 1.5HR Thank God I'm Clean, Fort McKinley Church, 3721 W Siebenthaler Ave, Dayton, OH, 45406 (O,WC)
- 5:30PM 1.5HR Men's All or Nothing -, Dayton Fellowship Club, 1124 Germantown St, Dayton, OH, 45417 (O,D)
- **6:30PM 1.5HR It's All in the Literature**, Christ Evangelical Lutheran Church, 511 Hart St, Dayton, OH, 45404 (BT,NS\*)
- **6:30PM 1.5HR Women's Strength and Hope**, New Hope Church, 544 Xenia Ave, Dayton, OH, 45410 **(D,W)**
- **7:30PM 1.5HR Courage to Change**, Meeting ID: 511 988 1190 Password: c8dyq6, ZOOM, **(O,WC,WEB\*,VM)**

#### **WEDNESDAY / MIÉRCOLES**

- 10:00AM 1.5HR MON & WED It Works How & Why, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417
- (O,IW,St,Tr,WC,BK,NS\*,LS,ENG\*)
- 10:00AM 1.5HR Morning Miracles, ZOOM, (SD,VM) Zoom ID: 937 881 664 Password: miracles
- **N00N 1HR Message Group**, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 **(O,WC)**
- 1:30PM 1.5HR Basic Text Study, A Hope Station, 2206 E. Third St, Dayton, OH, 45403
- 5:00PM 1.5HR Recovery Works, Biltmore, 210 N Main St, Dayton, OH, 45402 (O,To,WC)

- **6:00PM 1.5HR Wednesday Night Text Study**, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 **(O,WC)**
- **6:30PM 1.5HR Hope Shot**, New Hope Church, 544 Xenia Ave, Dayton, OH, 45410 **(O,BT,NS\*)**
- 8:00PM 1HR Remember 1st Step Newcomer, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 (O,WC)

#### THURSDAY / JUEVES

- 10:00AM 1.5HR Morning Miracles, ZOOM, (SD,VM) Zoom ID: 937 881 664 Password: miracles
- 10:00AM 1.5HR Thank God I'm Clean, Fort McKinley Church, 3721 W Siebenthaler Ave, Dayton, OH, 45406 (O,WC)
- NOON 1.5HR No More Drama, A Hope Station, 2206 E. Third St, Dayton, OH, 45403 (D,WC)
- **5:30PM 1.5HR Living Clean 2.0**, Dayton Fellowship Club, 1124 Germantown St, Dayton, OH, 45417 **(O,WC,LS,LC)**
- 7:00PM 1.5HR Step Into Life, 2206 E. Third St., Dayton, OH, 45403 (O,SD)
- **7:30PM 1.5HR Renaissance Group**, Dayton Fellowship Club, 1124 Germantown St, Dayton, OH, 45417 **(O)**

#### **FRIDAY / VIERNES**

- 10:00AM 1.5HR Morning Miracles, ZOOM, (SD,VM) Zoom ID: 937 881 664 Password: miracles
- 11:00AM 1.5HR Friends of Jimmy K, Dayton Fellowship Club, 1124 Germantown St, Dayton, OH, 45417 (O,WC)
- 1:30PM 1.5HR Living Clean, A Hope Station, 2206 E 3rd St, Dayton, OH, 45403 (WC,BK,LC)
- **6:00PM 1.5HR Thank God It's Friday**, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 **(O,WC)**
- **7:00PM 1.5HR Strive 2 Survive**, First Lutheran Church, 287 West Main St, Xenia, OH, 45385 **(O,WC)**
- 7:30PM 1.5HR Clean on Friday, ZOOM, (BT,RF,BK,VM) Zoom ID: 759 007 0783 Password: cof2020
- **7:30PM 1.5HR Sernity by Candlelight**, East Dayton Chruch of the Brethren, 3520 E Third St., Dayton, OH, 45403 **(O,RF,WC)**

#### SATURDAY / SÁBADO

- 10:30AM 1.5HR Guiding Principles, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 (O,WC,BK)
- 1:00PM 2HR Women in Recovery, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45407 (C,D,W,WC)
- 3:00PM 1.5HR New Beginnings, West Side Club Club, 3359 Delphos Ave, Dayton, OH, 45417 (O,D,To,WC,NS\*)
- **6:00PM 1.5HR Recovery In The View**, Triple C, 612 Salem Ave, Dayton, OH, **(0,D)**
- **6:30PM 1.5HR Recovery on Hawthorn**, Mc Kinley United Methodist Church, 196 Hawthorn St.,, Dayton, OH, 45402 **(O,To,NS\*)**

MEETING FORMAT LEGEND				
BK	Book Study	BT	Basic Text	
С	Closed	D	Discussion	
ENG*	English speaking	IW	It Works -How and Why	
LC	Living Clean	LS	Literature Study	
NS*	No Smoking	0	Open	
RF	Rotating Format	SD	Speaker/Discussion	
So	Speaker Only	St	Step	
То	Topic	Tr	Tradition	
VM	Virtual Meeting	W	Women	
WC	Wheelchair	WEB*	Online Meeting	

HELF	LINES
Phoneline	937-833-6262

#### SERVICE MEETINGS

Area Meeting - Every 3rd Sunday 3-5 PM First Lutheran Church 138 W 1st St, Dayton, OH, 45402

PHONE NUMBERS

## What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65

#### **HOW IT WORKS**

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
- 2. We came to believe that a Power greater than ourselves could restore us to sanity.
- 3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4. We made a searching and fearless moral inventory of ourselves.
- 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. We were entirely ready to have God remove all these defects of character.
- 7. We humbly asked Him to remove our shortcomings.
- 8. We made a list of all persons we had harmed and became willing to make amends to them all.
- 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.
- 11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.



### **DAYTON AREA**

# Narcotics Anonymous Meeting Schedule

**APRIL 2024** 



## **24 HOUR HELPLINE**

(937) 833-6262 https://dascna.org

### **SUGGESTIONS FOR EVERYONE**

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS

Weekly Meetings: 43