

## WHO IS AN ADDICT?

Most of us do not have to think twice about this question. **WE KNOW!** Our whole life and thinking was centered in drugs in one form or another-the getting and using and finding ways and means to get more. We live to use and use to live. Very simply an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: Jails, Institutions, and Death.

## What is the Narcotics Anonymous Program?

NA is a nonprofit fellowship or society of men and woman for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used, or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

## HOW IT WORKS

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that make our recovery possible.

1. We admitted we were powerless over our addiction, that our lives have become unmanageable.
2. We came to believe that a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible except when to do so would injure them or others.
10. We continued to take a personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for the knowledge of His will for us and the power to carry it out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts and to practice these principles in all our affairs.

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Dayton Area of Narcotics Anonymous  
PO Box 1052  
Dayton, OH 45401

Place  
Stamp  
Here



**NARCOTICS  
ANONYMOUS**

## Dayton Area Meetings Winter 2018

(Revised Jan 2018)



## 24 Hour Hotlines

Dayton: (937) 833-NANA  
(937) 833-6262  
Cincinnati: (513) 820-2947  
Central Ohio: (614) 252-1700  
Ohio Toll Free: (800) 587-4232  
World Service Office  
(818) 773-9999

## Internet Sites

Ohio Region  
[www.naohio.org](http://www.naohio.org)

World Service Office  
[www.na.org](http://www.na.org)

Dayton Area  
[www.DASCNA.org](http://www.DASCNA.org)



**Narcotics Anonymous**  
**World Services**

## SUNDAY

**12:00 Noon** "In the Heart of it All" 3730 Delphos, Dayton - CC, TD, O, 90 Min.

**12:00 pm** - "Why Are We Here Group Of NA" 1124 Germantown, Dayton - TD, NS, HC, O, 90 Min.

**3:00 pm** "We Sought Help Group" 1124 Germantown, Dayton - OD, NS, HC, O, 90 Min.

**5:30 pm** "Experience, Strength & Hope" Wesley Community Center - 3730 Delphos Ave., Dayton - TD, NS, HC, 90 Min.

**7:30 pm** "Serenity On Salem" - Fort McKinley Church - 3721 Siebenthaler Ave., Dayton - TD, NS, 90 Min

## MONDAY

**10:00 am** "Hope Is Found Here – It Works" 1124 Germantown St, Dayton - O, H&W SG, NS, HC, 90 Min.

**5:30 pm** "It Works How & Why: Steps & Traditions" - 1124 Germantown, Dayton - BT, C, NS, H&W SG, 90 Min.

**6:30 pm** "Miracle on Holt Street" Dayton View Church - 441 Holt St., - O, HC, NS, 90 Min.

**7:00 pm** "Monday Miracles" - First Lutheran Church, 138 West 1st St., Dayton – O, S, NS, 90 Min.

## TUESDAY

**10:00 am** "Thank God I'm Clean" - Fort McKinley Church - 3721 Siebenthaler Ave., Dayton - TD, NS, 90 Min.

**6:30 pm** - "VA 302 Group" - Dayton VA Medical Center 4100 W. 3rd St., Bldg. 302, 2nd floor, Dayton – C, TD NS, HC, 90 Min.

**6:30 pm** - "It's All in the Literature" – 511 Hart St., Dayton - BT, NS, 90Min.

**7:30 pm** - "Courage to Change" - Calvary Baptist Church, 2067 N. Gettysburg Ave., Dayton - TD, NS, 90Min.

**8:00 pm** - "Tuesday Night Text Study" - United AM Church, 286 E. Church St., Xenia - BT, NS, HC, 90 Min

## WEDNESDAY

**10:00 am** - "Hope is Found Here" - It Works" - 1124 Germantown St., Dayton - O, H&W SG, NS, HC, 90 Min.

**12:00 noon** - "The Message Group" – 1124 Germantown St. Dayton - O, BT, NS, HC, 60 Min.

**6:00 pm** - "Wednesday Night Text Study" – 1124 Germantown St., Dayton - HC, O, BT, NS, 90 Min.

**6:30 pm** - "New Hope Recovery" – 530 Xenia Ave. Dayton – O, BT, NS, 90 Min.

**6:30 pm** - "Primary Purpose" – United Christian Church - 626 North Columbus Ave., Xenia - OD, NS, HC, 90 Min.

**8:00 pm** - "Remember the First Step Newcomer's Group" - 1124 Germantown St., Dayton - HC, BT, NS, 60 Min.

## THURSDAY

**10:00 am** "Thank God I'm Clean" - Fort McKinley Church - 3721 Siebenthaler Ave., Dayton - TD, O, NS, 90 Min.

**5:30 pm** – "Came to Believe" – McKinley Church, 196 Hawthorn St., O, TD, 90 min

**7:00 pm** - "Step into Life" – 140 S. Findlay St. Dayton - CC, 90 Min.

**7:30 pm** - "The Renaissance Group" - Bethel Baptist Church, 401 S. Paul L. Dunbar St., Dayton - TD, NS, 90 Min

## FRIDAY

**10:00 am** - "Freedom on Friday" – 1 Elizabeth Pl. (Chapel), Dayton – O, TD, 90 Min.

**11:00 am** - "Friends of Jimmy K." - 1124 Germantown St., Dayton - HC, BT, NS, 90 Min.

**6:00 pm** - "Thank God It's Friday" - 1124 Germantown St., Dayton - HC, NS, TD, S, 60 Min.

**7:00 pm** - "Strive 2 Survive" - First Evangelical Lutheran Church, 287 W. Main St., Xenia - TD, NS, HC, 90 Min.

**7:30 pm** - "Clean on Friday" – 1 Elizabeth Pl. (Chapel), Dayton - BT, S, 90 Min.

**7:30 pm** - "Let's Rise Above It" – Wesley Community Center, 3730 Delphos Ave., Dayton - O, OD, NS, HC, 90 Min.

## SATURDAY

**9:00 am** - "Living Clean - The Journey Continues" – 3730 Delphos Ave., Dayton - TS, C, NS, HC 90 Min.

**11:00 am** - "Clean Just For Today" - 1124 Germantown St., Dayton - HC, TD, NS, 90 Min.

**1:00 pm** - "Women In Recovery" - 1124 Germantown St., Dayton - TD, WM, HC,, NS, 120 Min.

**6:30 pm** - "Recovery on Hawthorn" - 196 Hawthorn St, Dayton, O, TD, NS, 90 Min.

**8:00 pm** - "Saturday Night Live" -United AME Church, 286 E. Church St., Xenia - CC, NS, HC, 90 Min.



### AREA SERVICE COMMITTEE

Contact Information  
(Dayton Area Service Committee of NA) - DASCNA  
DASCNA BUSINESS MEETING  
Wesley Community Center  
3730 Delphos Ave, Dayton  
Every 3rd Sunday @ 3:00 pm  
Revised April 2017  
AREA CODE 937 FOR ALL NUMBERS LISTED

Chair Gary B. _____	580-0513
Vice-Chair Greg W. _____	XXX-XXXX
Vice-Secretary Marissa _____	XXX-XXXX
Secretary – Alicia S _____	XXX-XXXX
Treasurer – Teresa M. _____	554-3977
Vice Treasurer – Vacant _____	XXX-XXXX
Activities – Kirk R _____	XXX-XXXX
RCM. – Vacant _____	580-0513
Phone line Chair –Tammy D. _____	580-1545
Public Relations Chair – Tim B. _____	671-7732
Literature Chair – Sharon T. _____	532-6265
Hospital & Institution Chair –Vacant. _____	XXX-XXXX
Convention Chair – Steve H _____	XXX-XXXX
DASCNA Webmaster – Nick S _____	304-9900

### MEETING CODES

O: Open to Public  
C: Closed (Addicts Only)  
BT: Bring Text  
CC: Chairman's Choice  
MM: Men's Meeting  
WM: Woman's Meeting  
IP: Informational Pamphlet  
NS: Non-Smoking  
TD: Topic Discussion  
S: Speaker Meeting  
HC: Handicapped Access  
H&W SG: How & Why Study Guide  
D: Discussion

Literature Office  
1124 Germantown St.  
Dayton, OH  
937-532-6265  
Mon: 11:30 am - 1:30 pm  
Wed: 4:00 – 6:00 pm  
Sat: 4:30 - 6:30 pm  
Every 3rd Sunday  
after DASCNA meeting

SM: Smoking  
RF: Rotating Format  
TS: Text Study