

**SUNDAY**

**NOON** **In the Heart of It All Group**, Wesley Community Center, 3730 Delphos Avenue, Dayton, OH, 45417 (O, D, WC) 90 Min

**NOON** **Why Are We Here Group of NA**, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 (O, To, WC) 90 Min

**3:00PM** **We Sought Help Group**, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 (O, WC) 90 Min

**5:30PM** **Experience Strength & Hope Group**, Wesley Community Center, 3730 Delphos Ave, Dayton, OH, 45417 (O, SD, WC) 90 Min

**7:30PM** **Serenity On Salem Group**, Fort McKinley Church, 3721 Siebenthaler Ave, Dayton, OH, 45406 (O, D, St, Tr, WC) 90 Min

**MONDAY**

**10:00AM** **Hope Is Found Here - It Works**, Dayton Fellowship Club, 1124 Germantown St, Dayton, OH, 45417 (C, IW, WC, BK) 90 Min

**1:30PM** **The Struggle is Real**, A Hope Station, 2206 E 3rd St, Dayton, OH, 45403 (D, WC, ENG\*) 90 Min

**5:30PM** **It Works How & Why: Steps & Trad Group**, Dayton Fellowship Club, 1124 Germantown St, Dayton, OH, 45417 (C, St, Tr, WC) 90 Min

**7:00PM** **Monday Miracles Group**, First Lutheran Church, 138 W 1st St, Dayton, OH, 45402 (O, So, WC) 90 Min

**TUESDAY**

**10:00AM** **Thank God I'm Clean Group**, Ft McKinley Church, 3721 Siebenthaler Ave, Dayton, OH, 45406 (O, WC) 90 Min

**NOON** **Living Clean**, A Hope Station, 2206 E 3rd St, Dayton, OH, 45403 (WC, BK, LC) 90 Min

**6:30PM** **It's All in the Literature**, Christ Evangelical Lutheran Church, 511 Hart St, Dayton, OH, 45404 (BT, NS\*) 90 Min

**6:30PM** **Veterans Group of Hope**, Dayton VA Medical Center, Bldg 305, Recreation Center, 4100 W 3rd St, Dayton, OH, 45428 (C, D, WC) 90 Min

**6:30PM** **Women's Experience Strength and Hope**, New Hope Church, 544 Xenia Ave, Dayton, OH, 45410 (D, W) 90 Min

**7:30PM** **Courage to Change Group**, Calvary Baptist Church, 2067 N Gettysburg Ave, Dayton, OH, 45406 (O, WC) 90 Min

**TUESDAY (CONT)**

**8:00PM** **Tuesday Night Text Study Group**, First United AME Church, 286 E Church St, Xenia, OH, 45385 (O, WC) 90 Min

**WEDNESDAY**

**10:00AM** **Hope is Found Here Group**, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 (O, WC) 90 Min

**NOON** **Message Group**, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 (O, WC) 60 Min

**1:30PM** **Basic Text Study**, A Hope Station, 2206 E. Third St, Dayton, OH, 45403 90 Min

**6:00PM** **Wednesday Night Text Study Group**, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 (O, WC) 90 Min

**6:30PM** **Hope Shot**, New Hope Church, 544 Xenia Ave, Dayton, OH, 45410 (O, BT, NS\*) 90 Min

**6:30PM** **Primary Purpose Group**, United Christian Church, 626 N Columbus Ave, Xenia, OH, 45385 (O, WC) 90 Min

**8:00PM** **Remember 1st Step Newcomer Group**, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 (O, WC) 90 Min

**THURSDAY**

**10:00AM** **Thank God I'm Clean Group**, Ft. McKinley Church, 3721 Siebenthaler Avenue, Dayton, OH, 45406 (O, WC) 90 Min

**NOON** **No More Drama**, A Hope Station, 2206 E. Third St, Dayton, OH, 45403 (D, WC) 90 Min

**6:30PM** **Hope Shot**, New Hope Church, 544 Xenia Ave, Dayton, OH, 45410 (O, D) 90 Min

**7:00PM** **Step Into Life**, A Hope Station, 2206 E Third St, Dayton, OH, 45403 (O, D, WC) 90 Min

**7:30PM** **Renaissance Group**, Bethel Baptist Church, 401 S Paul L Dunbar St, Dayton, OH, 45402 (O) 90 Min

**FRIDAY**

**10:00AM** **Freedom on Friday**, St. Elizabeth Hospital, Chapel, One Elizabeth Place, Dayton, OH, 45417 (O, To) 90 Min

**11:00AM** **Friends of Jimmy K Group**, Dayton Fellowship Club, 1124 Germantown St, Dayton, OH, 45417 (O, WC) 90 Min

**1:00PM** **Out To Lunch- IP Study Group**, A Hope Station, 2206 E Third St, Dayton, OH, 45401 (O, WC, NS\*, LS) 90 Min

**FRIDAY (CONT)**

**6:00PM** **Thank God It's Friday Group**, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 (O, WC) 90 Min

**7:00PM** **Strive 2 Survive Group**, First Lutheran Church, 287 West Main St, Xenia, OH, 45385 (O, WC) 90 Min

**7:30PM** **Clean on Friday**, St. Luke Missionary Baptist, 2262 N Gettysburg Ave, Dayton, OH, 45406 (BT, RF, BK) 90 Min

**7:30PM** **Let's Rise Above It Group**, Wesley Community Center, 3730 Delphos Ave, Dayton, OH, 45417 (C, WC) 90 Min

**SATURDAY**

**9:00AM** **Living Clean The Journey Continues Group**, Wesley Community Center, 3730 Delphos Avenue, Dayton, OH, 45417 (C, WC, LC) 90 Min

**11:00AM** **Clean Just for Today Group**, Dayton Fellowship Club, 1124 Germantown Street, Dayton, OH, 45417 (O, WC) 90 Min

**1:00PM** **Women in Recovery**, Dayton Fellowship Club, 1124 Germantown St, Dayton, OH, 45417 (W) 120 Min

**6:30PM** **New Beginnings**, Wesley Communiy Center, 3730 Delphos Ave, Dayton, OH, 45417 (O, D, To, WC, NS\*) 90 Min

**6:30PM** **Recovery on Hawthorn**, McKinley United Methodist, 196 Hawthorn St, Dayton, OH, 45402 (O, To, NS\*) 90 Min

**8:00PM** **Saturday Night Live Group**, First United AME Church, 286 East Church St, Xenia, OH, 45385 (O, WC) 90 Min

**DASCNA CONTACT INFORMATION**

**DASCNA Area Meeting**  
**Wesley Community Center**  
**3730 Delphos Ave, Dayton**  
**Every 3rd Sunday @ 3:00pm**

Chair	Eric B.	937-520-1897
Vice-Chair	Greg W.	937-581-3507
Secretary	Marissa P.	937-830-2195
Vice-Secretary	Marijean	
Treasurer	Ken R.	937-414-6344
Vice-Treasurer		
Activities Chair	Craig L.	937-301-6173
RCM	Gary B.	937-580-0153
Public Relations Chair	Tammy D.	937-580-1545
Phoneline Chair	Tammy D.	937-580-1545
Literature Chair	Sharon T.	937 532-6265
Hospitals And Institutions Chair	Allen G.	937-718-3612
Convention Chair	Greg W.	937-581-3507
Webmaster		

**LITERATURE OFFICE**

**1124 Germantown Street, Dayton, Ohio**  
**937 532-6265**

Monday	11:30 AM - 1:30 PM
Wednesday	4:00 PM - 6:00 PM
Saturday	4:30 PM - 6:30 PM
Every 3rd Sunday after DASCNA Meeting	

**MEETING FORMAT LEGEND**

BK	Book Study	BT	Basic Text
C	Closed	D	Discussion
ENG*	English speaking	IW	It Works -How and Why
LC	Living Clean	LS	Literature Study
NS*	No Smoking	O	Open
RF	Rotating Format	SD	Speaker/Discussion
So	Speaker Only	St	Step
To	Topic	Tr	Tradition
W	Women	WC	Wheelchair

## WHO IS AN ADDICT

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death.

## What Is the Narcotics Anonymous Program?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

## HOW IT WORKS

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

---

---

---

---

---

---

---

---

Dayton Area of Narcotics Anonymous  
 PO Box 1052  
 Dayton, OH 45401

Place  
 Stamp  
 Here



## Dayton Area Meetings June 2019



## 24 Hour Hotlines

<b>Dayton</b>	<b>937-833-NANA</b> <b>937-833-6262</b>
<b>Cincinnati</b>	<b>513-820-2947</b>
<b>Central Ohio</b>	<b>614-252-7200</b>
<b>Ohio Toll Free</b>	<b>800-587-4232</b>
<b>World Service Office</b>	<b>818-733-9999</b>

## Internet Sites

**Ohio Region**  
[www.naohio.org](http://www.naohio.org)

**World Service Office**  
[www.na.org](http://www.na.org)

**Dayton Area**  
[www.DASCNA.org](http://www.DASCNA.org)

**Ohio Region**  
[www.naohio.org](http://www.naohio.org)



Dayton Area has 41 meetings per week