

SUNDAY / DOMINGO

11:30AM 2HR Why Are We Here Group of NA, Dayton Fellowship Club, , 1124 Germantown Street, Dayton, OH, 45417 **(O,To,WC)**

NOON 1.5HR In the Heart of It All, West Side Club Club, , 3359 Delphos Avenue, Dayton, OH, 45417 **(O,D,WC)**

3:00PM 1.5HR We Sought Help, Dayton Fellowship Club, , 1124 Germantown Street, Dayton, OH, 45417 **(O,WC)**

5:30PM 1HR Experience Strength & Hope, West Side Club Club, , 3359 Delphos Avenue, Dayton, OH, 45417 **(O,SD,WC)**

5:30PM 1.5HR New Beginnings, A Hope Station, , 2206 E 3rd St, Dayton, OH, 45403 **(D,WC,ENG*)**

7:00PM 1.5HR Serenity Off Salem, New Hope Community, , 305 Edgewood Ave, Dayton, OH, 45402 **(O,D,St,Tr,WC)**

MONDAY / LUNES

10:00AM 1.5HR MON & WED - It Works How & Why, Dayton Fellowship Club, , 1124 Germantown St, Dayton, OH, 45417 **(O,IW,WC,BK,NS*,ENG*)**

1:30PM 1.5HR The Struggle is Real, A Hope Station, , 2206 E 3rd St, Dayton, OH, 45403 **(D,WC,ENG*)**

5:30PM 1.5HR It Works How & Why: Steps & Traditions, Dayton Fellowship Club, , 1124 Germantown St, Dayton, OH, 45417 **(C,St,Tr,WC)**

7:00PM 1.5HR Monday Miracles, St. John's Lutheran Church, , 141 South Ludlow, Dayton, OH, 45402 **(O,So,WC)**

TUESDAY / MARTES

10:00AM 1.5HR Thank God I'm Clean, Fort McKinley Church, , 3721 W Siebenthaler Ave, Dayton, OH, 45406 **(O,WC)**

5:30PM 1.5HR Men's - All or Nothing -, Dayton Fellowship Club, , 1124 Germantown St, Dayton, OH, 45417 **(O,D)**

5:30PM 1.5HR Recovery on Main 2.0, Rising Star Church, Side Entrance, 4101 N Main St, Dayton, OH, 45405 **(O,RF)**

6:00PM 1.5HR Veterans Group of Hope, Dayton VA Medical Center, Bldg 409, Cafe Area, 4100 W 3rd St, Dayton, OH, 45428 **(C,D,WC)** *Location permanently closed; no info on new location as of 5/12/20*

6:30PM 1.5HR It's All in the Literature, Christ Evangelical Lutheran Church, , 511 Hart St, Dayton, OH, 45404 **(BT,NS*)**

6:30PM 1.5HR Women's Strength and Hope, New Hope Church, , 544 Xenia Ave, Dayton, OH, 45410 **(D,W)**

7:30PM 1.5HR Courage to Change, Meeting ID: 511 988 1190 Password: c8dyq6, , ZOOM, **(O,WC,WEB*,VM)**

WEDNESDAY / MIÉRCOLES

10:00AM 1.5HR MON & WED - It Works How & Why, Dayton Fellowship Club, , 1124 Germantown Street, Dayton, OH, 45417 **(O,IW,St,Tr,WC,BK,NS*,LS,ENG*)**

NOON 1HR Message Group, West Side Club Club, , 3359 Delphos Avenue, Dayton, OH, 45417 **(O,WC)**

1:30PM 1.5HR Am I an Addict - Sequel, A Hope Station, , 2206 E. Third St, Dayton, OH, 45403

6:00PM 1.5HR Wednesday Night Text Study, Dayton Fellowship Club, , 1124 Germantown Street, Dayton, OH, 45417 **(O,WC)**

6:30PM 1.5HR Hope Shot, New Hope Church, , 544 Xenia Ave, Dayton, OH, 45410 **(O,BT,NS*)**

7:00PM 1.25HR WOW - Win on Wednesday, Belmont United Methodist Church, 2nd Floor - Side Entrance, 2701 S. Smithville Rd, Dayton, OH, 45420 **(O,RF,SD,BK)**

8:00PM 1HR Remember 1st Step Newcomer, Dayton Fellowship Club, , 1124 Germantown Street, Dayton, OH, 45417 **(O,WC)**

THURSDAY / JUEVES

10:00AM 1.5HR Thank God I'm Clean, Fort McKinley Church, , 3721 W Siebenthaler Ave, Dayton, OH, 45406 **(O,WC)**

NOON 1.5HR No More Drama, A Hope Station, , 2206 E. Third St, Dayton, OH, 45403 **(D,WC)**

5:30PM 1.5HR Living Clean 2.0, Dayton Fellowship Club, , 1124 Germantown St, Dayton, OH, 45417 **(O,WC,LS,LC)**

7:00PM 1.5HR Step Into Life, , 2206 E. Third St., Dayton, OH, 45403 **(O,SD)**

7:30PM 1.5HR Renaissance Group, Dayton Fellowship Club, , 1124 Germantown St, Dayton, OH, 45417 **(O)**

FRIDAY / VIERNES

11:00AM 1.5HR Friends of Jimmy K, Dayton Fellowship Club, , 1124 Germantown St, Dayton, OH, 45417 **(O,WC)**

1:30PM 1.5HR Am I an Addict - Sequel, A Hope Station, , 2206 E 3rd St, Dayton, OH, 45403 **(WC,BK,LC)**

6:00PM 1.5HR Thank God It's Friday, Dayton Fellowship Club, , 1124 Germantown Street, Dayton, OH, 45417 **(O,WC)**

6:30PM 1HR Strive 2 Survive, Recovery Plus Center, , 313 Garland Ave., Fairborn, OH, 45324 **(O,WC)**

7:00PM 1.5HR Clean on Dixie, New City Church, , 4800 N Dixie Dr, Dayton, OH, 45414 **(O,SD,WC)**

7:30PM 1.5HR Clean on Friday, ZOOM, , **(BT,RF,BK,VM)** *Zoom ID: 759 007 0783 Password: cof2020*

7:30PM 1.5HR Sernity by Candlelight, East Dayton Chruch of the Brethren, , 3520 E Third St., Dayton, OH, 45403 **(O,RF,WC)**

SATURDAY / SÁBADO

10:30AM 1.5HR Guiding Principles, Dayton Fellowship Club, , 1124 Germantown Street, Dayton, OH, 45417 **(O,WC,BK)**

1:00PM 2HR Women in Recovery, Dayton Fellowship Club, , 1124 Germantown Street, Dayton, OH, 45407 **(C,D,W,WC)**

3:00PM 1.5HR New Beginnings, West Side Club Club, , 3359 Delphos Ave, Dayton, OH, 45417 **(O,D,To,WC,NS*)**

6:30PM 1.5HR Recovery on Hawthorn, Mc Kinley United Methodist Church, , 196 Hawthorn St.,, Dayton, OH, 45402 **(O,To,NS*)**

MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
D	Discussion	O	Open
RF	Rotating Format	SD	Speaker/Discussion
So	Speaker Only	St	Step
To	Topic	Tr	Tradition
W	Women	WC	Wheelchair
BK	Book Study	LC	Living Clean
NS*	No Smoking	ENG*	English speaking
WEB*	Online Meeting	LS	Literature Study
IW	It Works -How and Why	VM	Virtual Meeting

HELPLINES

Phoneline 937-833-6262

SERVICE MEETINGS

Area Meeting - Every 3rd Sunday
3-5 PM
First Lutheran Church
138 W 1st St, Dayton, OH, 45402

PHONE NUMBERS

HOW IT WORKS

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, page 65



DAYTON AREA

Narcotics Anonymous Meeting Schedule

MAY 2026



24 HOUR HELPLINE

(937) 833-6262

<https://dascna.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Weekly Meetings: 40